

FEBRUARY 2010

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Theme of the Month:

Goals

"We cannot save time . . . we only spend time . . . and we must spend it wisely. The way we spend our time determines the course of our lives."

Goal setting and the achievement of those goals revolve around time and the management of time. When we set goals for ourselves, it is important that we also set a specific time for completion. Otherwise it will become another one of those objectives you never quite achieve, one that you'll get around to "some day."




Lafayette Tournament

I would like to take the time to thank everyone who will volunteer and also participated in the tournament sponsorship drive. Good luck to all those who will compete.

Thank you from my heart,
Gerald Daigle

Next Testing
February 24th & 25th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 B-Day Devin Shafer	3 Sparring class #6 of 9 with Lafayette Tournament	4 B-Day Evin Hayes	5 B-Day Kenadiid Ahmed	6 B-Day Darrell Guidry
7 B-Day John Jacob Plumbar, Willie Washington, & Brandon Foreman	8	9	10 Sparring class #7 of 9 with Lafayette Tournament	11 Last Day to pre-register for tournament	12 Closed Set up for Lafayette Tournament B-Day Daniel Tran	13 Lafayette Tournament Northside High School
14	15 <i>Special Workout Night All Ranks & Ages workout @ 5:30- 6:30 pm No other classes!</i>	16 <u>Closed</u>  B-Day Brandi Mark	17 Sparring class #9 of 9 with Lafayette Tournament	18	19	20 B-Day John Plumbar III
21	22	23 Last Day to pay for testing without \$10 late fee! B-Day Tim Kelly	24 <u>Testing</u> Tiny Tiger @ 5:30 White - Purple @ 6:30	25 <u>Testing</u> Blue - Black @ 5:30	26 <u>Closed</u> Humble, TX Tournament	27 Humble, TX Tournament
28 B-Day Annabel Foreman	NEW SCHEDULE STARTING MARCH 1, 2010					
Starting March 1 st , we will be offering workout classes to anyone on Tuesday & Thursday @ 6:10 -6:50 pm. Must buy Class Purchase Card (CPC) to attend this class for \$30 for 10 classes. Any student on a membership not on the leadership program can now attend XMA classes with Class Purchase Card (CPC).						